






# Human Follistatin Like Protein 1, FSTL1 GENLISA™ ELISA

**REF** : KBH2702

Ver 1.0


**RUO**

Enzyme Immunoassay for the Quantitative Determination of Human Follistatin Like Protein 1, FSTL1 in serum, plasma and other biological samples.

<b>RUO</b>	<b>For Research Use Only</b>	<b>REF</b>	<b>Catalog Number</b>
	<b>Store At</b>	<b>LOT</b>	<b>Batch Code</b>
	<b>Manufactured By</b>		<b>Biological Risk</b>
	<b>Expiry Date</b>		<b>Consult Operating Instructions</b>

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**REF** KBH2702

 96 tests

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**Introduction:**

The GENLISA™ ELISA kits are used for assessing the specific biomarker in samples analytes which may be serum, plasma and cell culture supernatant as validated with the kit. The kit employs a sandwich ELISA technique which leads to a higher specificity and increased sensitivity compared to conventional competitive ELISA kits which employ only one antibody. Double antibodies are used in this kit.

**Intended Use:**

The Human Follistatin Like Protein 1, FSTL1 GENLISA™ ELISA kit is used as an analytical tool for quantitative determination of Human Follistatin Like Protein 1, FSTL1 in serum, plasma and other biological samples.

**Principle:**

The method employs sandwich ELISA technique. Human Follistatin Like Protein 1 monoclonal antibodies are pre-coated onto microwells. Samples and standards are pipetted into microwells and Human Follistatin Like Protein 1, FSTL1 present in the sample are bound by the antibodies. Biotin labeled FSTL1 antibody is added and followed by Streptavidin-HRP is pipetted and incubated to form a complex. After washing microwells in order to remove any non-specific binding, the substrate solution (TMB) is added to microwells and color develops proportionally to the amount of Human Follistatin Like Protein 1, FSTL1 in the sample. Color development is then stopped by addition of stop solution. Absorbance is measured at 450 nm.

**Materials Provided:**

1. Human FSTL1 Antibody Coated Microtiter Plate (8 x 12 wells) – 1 no
2. Standard, Human FSTL1 (concentrated, 64 ng/ml) – 0.5 ml
3. Biotinylated FSTL1 Antibody – 1 ml
4. Streptavidin:HRP Conjugate – 6 ml
5. Standard Diluent – 3 ml
6. (1X) Sample Diluent - 12 ml
7. (20X) Wash Buffer – 25 ml
8. TMB Substrate – 12 ml
9. Stop Solution – 12 ml
10. Instruction Manual

**Materials to be provided by the End-User:**

1. Microtiter Plate Reader able to measure absorbance at 450 nm.
2. Adjustable pipettes and multichannel pipettor to measure volumes ranging from 25 ul to 1000 ul
3. Deionized (DI) water
4. Wash bottle or automated microplate washer
5. Graph paper or software for data analysis
6. Timer
7. Absorbent Paper

**Handling/Storage:**

1. All reagents should be stored as indicated on the component label.
2. All the reagents and wash solutions should be used within 12 months from manufacturing date.
3. Before using, bring all components to room temperature (18-25°C). Upon assay completion ensure all components of the kit are returned to appropriate storage conditions.
4. The Substrate is light-sensitive and should be protected from direct sunlight or UV sources.

**Health Hazard Warnings:**

1. Reagents that contain preservatives may be harmful if ingested, inhaled or absorbed through the skin.
2. For Research Use Only.



**Sample Preparation and Storage:**

Specimens should be clear and non-hemolyzed. Samples should be run at a number of dilutions to ensure accurate quantitation.

1. Extract as soon as possible after specimen collection as per relevant procedure. The samples should be tested as soon as possible after the extraction. Alternately the extracted samples can be kept in -20°C. Avoid repeated freeze-thaw cycles.
2. **Serum-** Coagulate at room temperature for 10-20 minutes; centrifuge for 20-min at 2000-3000 rpm. Remove the supernatant. If precipitation appears, recentrifuge.
3. **Plasma-** Use EDTA or citrate plasma as an anticoagulant, mix for 10-20 minutes; centrifuge for 15-min at 2000-3000 rpm. Remove the supernatant carefully. If precipitation appears, recentrifuge.
4. **Urine-** Collect urine in a sterile container, centrifuge for 20-min at 2000-3000 rpm. Remove the supernatant. If precipitation appears, recentrifuge.
5. **Cell Culture Supernatant-** Collect sample in a sterile container. Centrifuge for 20-mins at 2000-3000 rpm. Remove the supernatant carefully. When examining the components within the cell, dilute cell suspension with PBS (pH 7.2-7.4), if cell concentration is greater than 1 million/ml. Damage the cells by repeated freeze-thaw cycles to release intracellular components. Centrifuge for 20-min at 2000-3000 rpm. If precipitation appears, centrifuge again.
6. **Tissue Samples-** Rinse tissues in PBS (pH 7.4) to remove excess blood thoroughly and weigh before homogenization. Mince tissues and homogenize them in PBS (pH7.4) with a glass homogenizer on ice. Thaw at 2-8°C or freeze at -20°C. Centrifuge at 2000-3000 RPM for approximately 20 minutes and collect the supernatant carefully.

**Note:** Grossly hemolyzed samples are not suitable for use in this assay.

**Sample Dilution**

Please note the kit is validated for use with neat samples.

Incase the user wishes to estimate the concentration of the target protein in the test sample, we advise to select a proper dilution factor to make the diluted target protein concentration fall in the optimal detection range of the kit and several trials may be necessary. If samples contain very high concentrations of the analyte, dilute the samples with the Sample Diluent provided in the kit.

**Reagent Preparation (all reagents should be diluted immediately prior to use):**

1. Label any aliquots made with the kit Lot No and Expiration date and store it at appropriate conditions mentioned.
2. Bring all reagents to Room temperature before use.
3. To make **Wash Buffer (1X)**; dilute **25 ml of 20X Wash Buffer in 475 ml of DI water**.
4. **Standards Preparation:** Dilute 120 ul of original **Standard (64 ng/ml)** with 120 ul of standard diluent to generate a **32 ng/ml Standard stock solution**. Keep the standard for 15 mins with gentle agitation before making further dilutions. Prepare the **Standards** by serially diluting the standard stock solution as per the below table.

Standard Concentration	Standard Vial	Dilution Particulars
64 ng/ml	Original Standard	Original Standard provided in the Kit
32 ng/ml	Standard No.5	120 ul Standard Provided (64 ng/ml) + 120 ul Standard Diluent
16 ng/ml	Standard No.4	120 ul Standard No.5 + 120 ul Standard Diluent
8 ng/ml	Standard No.3	120 ul Standard No.4 + 120 ul Standard Diluent
4 ng/ml	Standard No.2	120 ul Standard No.3 + 120 ul Standard Diluent
2 ng/ml	Standard No.1	120 ul Standard No.2 + 120 ul Standard Diluent
0 ng/ml	Standard No.0	50 ul Standard Diluent

**Procedural Notes:**

1. In order to achieve good assay reproducibility and sensitivity, proper washing of the plates to remove excess un-reacted reagents is essential.

2. High Dose Hook Effect may be observed in samples with very high concentrations of Human Follistatin Like Protein 1, FSTL1. High Dose Hook Effect is due to excess of antibody for very high concentrations of Human Follistatin Like Protein 1, FSTL1 present in the sample.
3. Human Follistatin Like Protein 1, FSTL1 concentration of the undiluted sample is less than the diluted sample, this may be indicative of the Hook Effect.
4. Avoid assay of Samples containing sodium azide (NaN<sub>3</sub>), as it could destroy the HRP activity resulting in under-estimation of the amount of Human Follistatin Like Protein 1, FSTL1.
5. It is recommended that all Standards and Samples be assayed in duplicates or triplicates.
6. Maintain a repetitive timing sequence from well to well for all the steps to ensure that the incubation timings are same for each well.
7. If the Substrate has a distinct blue color prior to use it may have been contaminated and use of such substrate can lead to compromise of the sensitivity of the assay.
8. The plates should be read within 30 minutes after adding the Stop Solution.
9. Make a work list in order to identify the location of Standards and Samples.

#### Assay Procedure:

1. It is strongly recommended that all Standards and Samples be run in duplicates or triplicates. A standard curve is required for each assay.
2. Add 50 ul Standard Diluent to respective blank wells.
3. Add 50 ul prepared Standards to respective standard wells.
4. Add 40 ul Samples to respective sample wells.
5. Pipette 10 ul Biotinylated FSTL1 Antibody to respective sample wells.  
Note: Do not add Biotinylated FSTL1 Antibody to standard and blank wells. The standards provided in the kit are pre-offered as a complex of the standard and the biotin antibody for ease-of-use.
6. Pipette 50 ul Streptavidin:HRP Conjugate to all wells. Mix well.
7. Cover the plate with a sealer and incubate for 60 minutes at 37°C.
8. Aspirate and wash plate 4 times with diluted Wash Buffer (1X) and blot residual buffer by firmly tapping plate upside down on absorbent paper. Wipe of any liquid from the bottom outside of the microtiter wells as any residue can interfere in the reading step.
9. Pipette 100 ul TMB Substrate to all wells
10. Incubate the plate at 37°C for 10 minutes. DO NOT SHAKE or else it may result in higher backgrounds and worse precision. Positive wells should turn bluish in color.
11. Pipette 100 ul of Stop Solution to all wells. The wells should turn from blue to yellow in color.
12. Read the absorbance at 450 nm with a microplate within 10-15 minutes after addition of Stop solution.

#### Calculation of Results:

Determine the Mean Absorbance for each set of duplicate or triplicate Standards and Samples. Using Graph Paper, plot the average value (absorbance 450nm) of each standard on the Y-axis versus the corresponding concentration of the standards on the X-axis. Draw the best fit curve through the standard points. To determine the unknown Human Follistatin Like Protein 1, FSTL1 concentrations, find the unknown's Mean Absorbance value on the Y-axis and draw a horizontal line to the standard curve. At the point of intersection, draw a vertical line to the X-axis and read the Human Follistatin Like Protein 1, FSTL1 Concentration.

If samples were diluted, multiply by the appropriate dilution factor. Software which is able to generate a cubic spline curve-fit or 4-PL is best recommended for automated results.

**Note:**

It is recommended to repeat the assay at a different dilution factor in the following cases:  
- If the sample absorbance value is below the first standard.

**Quality Control:**

It is recommended that for each laboratory assay appropriate quality control samples in each run to be used to ensure that all reagents and procedures are correct.

**Performance Characteristics of the Kit:**

This kit has been validated. Please view the details herein below.

**Standard Calibration Range:**

2 ng/ml – 32 ng/ml

**Sensitivity:****Limit Of Quantification:**

It is defined as the lowest detectable concentration that can be determined with an acceptable repeatability and the LOQ was found to be 1.7 ng/ml.

**Specificity:**

The antibodies used in this kit are monoclonal antibodies specific for Human Follistatin Like Protein 1

**Precision:**

Intra-Assay Precision: 3 samples (n=3) with low, middle and high concentration of Human Follistatin Like Protein 1 were tested in triplicate respectively. The Intra-Assay was found to be <15%

Inter-Assay Precision: 3 samples (n=3) with low, middle and high concentration of Human Follistatin Like Protein 1 were tested in triplicate on two plates respectively on two consecutive days. The Inter-Assay was found to be <18%.

*The Cumulative Variance % was calculated as  $CV (\%) = SD/mean \times 100$  [SD=standard deviation]*

**Safety Precautions:**

- **This kit is For Research Use only.** Follow the working instructions carefully.
- The expiration dates stated on the kit are to be observed. The same relates to the stability stated for reagents
- Do not use or mix reagents from different lots.
- Do not use reagents from other manufacturers.
- Avoid time shift during pipetting of reagents.
- All reagents should be kept in the original shipping container.
- Some of the reagents contain small amount of sodium azide (< 0.1 % w/w) as preservative. They must not be swallowed or allowed to come into contact with skin or mucosa.
- Source materials maybe derived from Human body fluids or organs used in the preparation of this kit were tested and found negative for HBsAg and HIV as well as for HCV antibodies. However, no known test guarantees the absence of such viral agents. Therefore, handle all components and all patient samples as if potentially hazardous.
- Since the kit contains potentially hazardous materials, the following precautions should be observed
  - Do not smoke, eat or drink while handling kit material
  - Always use protective gloves
  - Never pipette material by mouth
  - Wipe up spills promptly, washing the affected surface thoroughly with a decontaminant.
- In any case GLP should be applied with all general and individual regulations to the use of this kit.

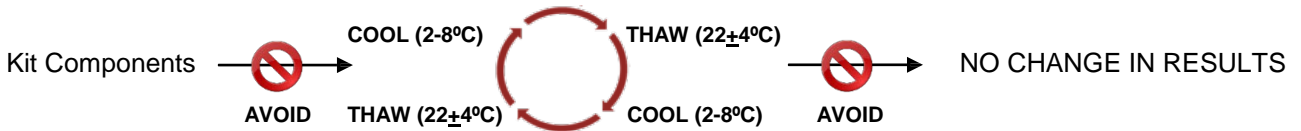


**SCHEMATIC ASSAY PROCEDURE**

1. Remove all components, 30 minutes before adding into the assay plate.





2. Avoid repeated cool-thaw of the components as there will be a loss of activity and this can affect the results.



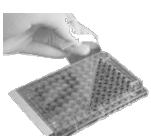

3.  Pipette **50 ul Standard Diluent** into respective blank wells.


4.  Pipette **50 ul prepared Standards** into respective Standard wells.

5.  Pipette **40 ul Samples** into the respective wells.

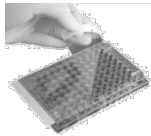

6.  Pipette **10 ul Biotinylated Antibody** to the sample wells only. Note: Do not add Biotinylated Antibody to standard well because the Standard Solution contains the biotinylated antibody.

7.  Pipette **50 ul Streptavidin:HRP Conjugate** to all wells.

8. Cover plate  and incubate for  at 37°C.

9.  Aspirate and wash wells 4 times with **Wash Buffer (1X)**.

10.  Pipette **100 ul TMB Substrate** to all wells.

11. Cover plate  and incubate fo  at 37°C.

12.  Pipette **100 ul Stop Solution** in all wells.

13. Read absorbance at 450nm with a  microplate reader within  of stopping reaction.

## Typical Example of a Work List

Well #	Contents	Absorbance at 450nm	Mean Absorbance	Interpolated Concentration
1A 2A	Zero Std Zero Std			
1B 2B	Standard No.1 Standard No.1			
1C 2C	Standard No.2 Standard No.2			
1D 2D	Standard No.3 Standard No.3			
1E 2E	Standard No.4 Standard No.4			
1F 2F	Standard No.5 Standard No.5			
1G 2G	Sample			
1H 2H	Sample			
3A 4A	Sample			
3B 4B	Sample			

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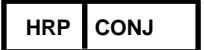









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## SYMBOLS KEY

	Coated Microtiter Plate (8x12 wells)
	Standard
	Biotinylated Antibody
	Conjugate Horseradish Peroxidase
	Standard Diluent
	<b>(1X) Sample Diluent</b>
	(20X) Wash Buffer
	TMB Substrate
	Stop Solution
	Consult Instructions for Use
	Catalog Number
	Expiration Date
	Storage Temperature